

CHEER SKILL
BUILDING CLINIC

**Clinic Informattion** 



Nov 10, 2025 - Jan 26, 2026 \*excluding all school breaks.



**LOLHS Commons** 



Mondays Only 5:30-7:30 PM

<u>Sign-Up By Nov 3. 2025</u>





## Must complete:

lolhs\_cheerleading

- Signed Participation forms emailed to Coach Patriece
- Athletic Clearance
- NFHS Certificates:

   Concussion, Heat Illness,
   Cardiac Arrest,
   Sportsmanship (Needs to be uploaded to Athletic Clearance)